



C.P.R. TRAINING

LET US GET YOU & YOUR TEAM TRAINED

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FACEBOOK/LAMSCPR



LaMs CPR



American
Heart
Association®

AUTHORIZED
TRAINING
PROVIDER

LaMsCPR.com provides onsite and in person. We come to you to train life saving classes to your Louisiana & Mississippi Business and Individuals. Contact us to arrange a customized certification class for you or your organization.

What We Offer



BLS FOR HEALTHCARE PROVIDER CERTIFICATION

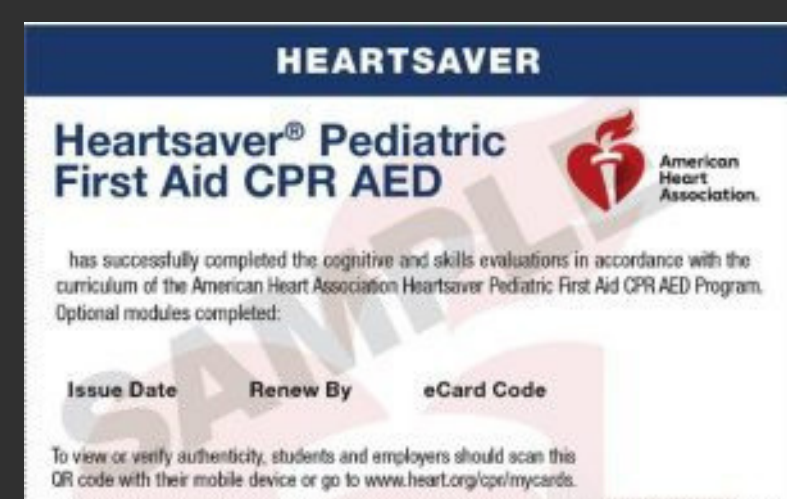
This course goes into greater nuance in regards to CPR fundamentals benefiting Healthcare providers, Teachers, Coaches, Daycare providers, and those who work in a higher-risk environments.

HEARTSAVER FIRST AID, CPR & AED

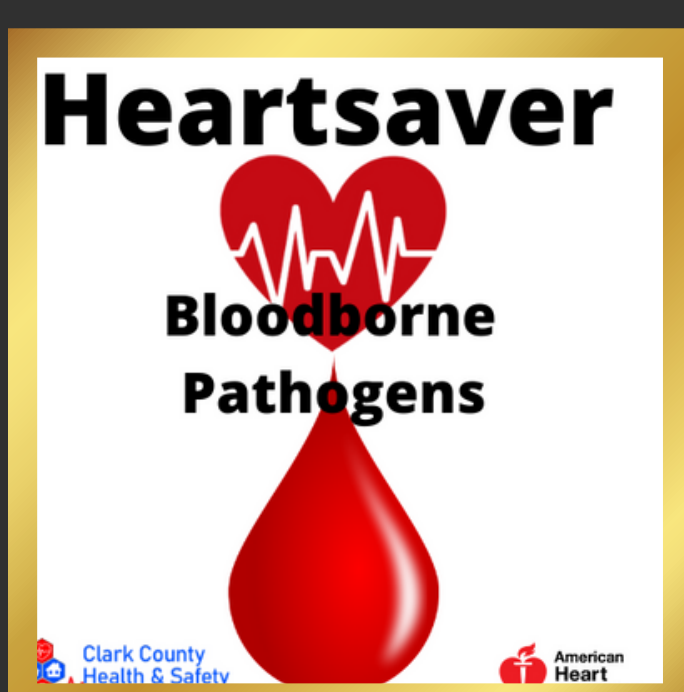


Skills covered in this course include First Aid, Choking relief in adults, children, and infants; with the AHA's research-proven practice-while-watching technique, and what to do for sudden Cardiac arrest in adults, children, and infants.

HEARTSAVER Pediatric First Aid CPR AED



Heartsaver Pediatric First Aid CPR AED is geared towards anyone involved in childcare who have a duty to respond to illnesses and injuries in a child or infant in the first few minutes until professional help arrives. Including: childcare workers, teachers, camp counselors, etc. Upon successful completion of the course, students receive a course completion card, valid for two years. Please contact your employer to ensure that you are selecting the correct course.



Heartsaver Bloodborne Pathogen

Heartsaver Bloodborne Pathogens

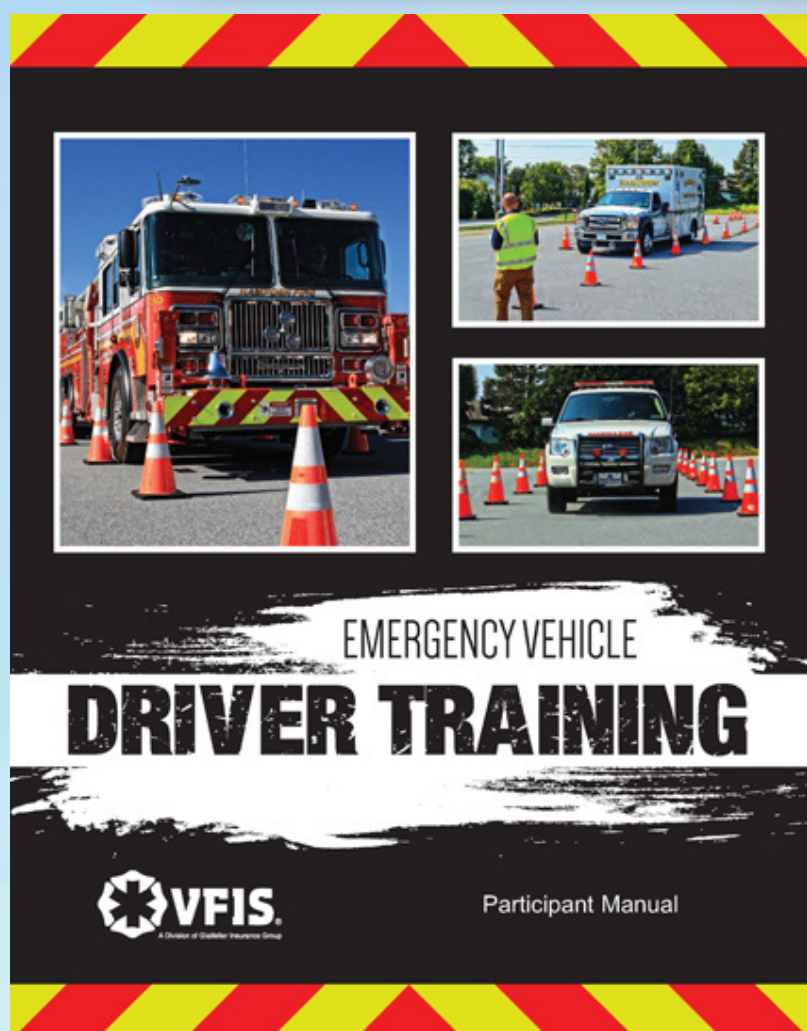
The AHA Heartsaver Bloodborne Pathogens Course is designed for anyone with a reasonable chance of coming into contact with bloodborne pathogens such as: Correctional Officers, Childcare workers, Security guards, Maintenance workers, School personnel, Hotel housekeepers, Health and fitness club staff, and Tattoo artists.



Take Our STOP THE BLEED Course

Through our STOP THE BLEED® course, you'll gain the ability to recognize life-threatening bleeding and intervene effectively. The person next to a bleeding victim may be the one who's most likely to save him or her. Take the course and become empowered to make a life or death difference when a bleeding emergency occurs. STOP THE BLEED®. Save a Life!

OTHER CLASSES OFFERED

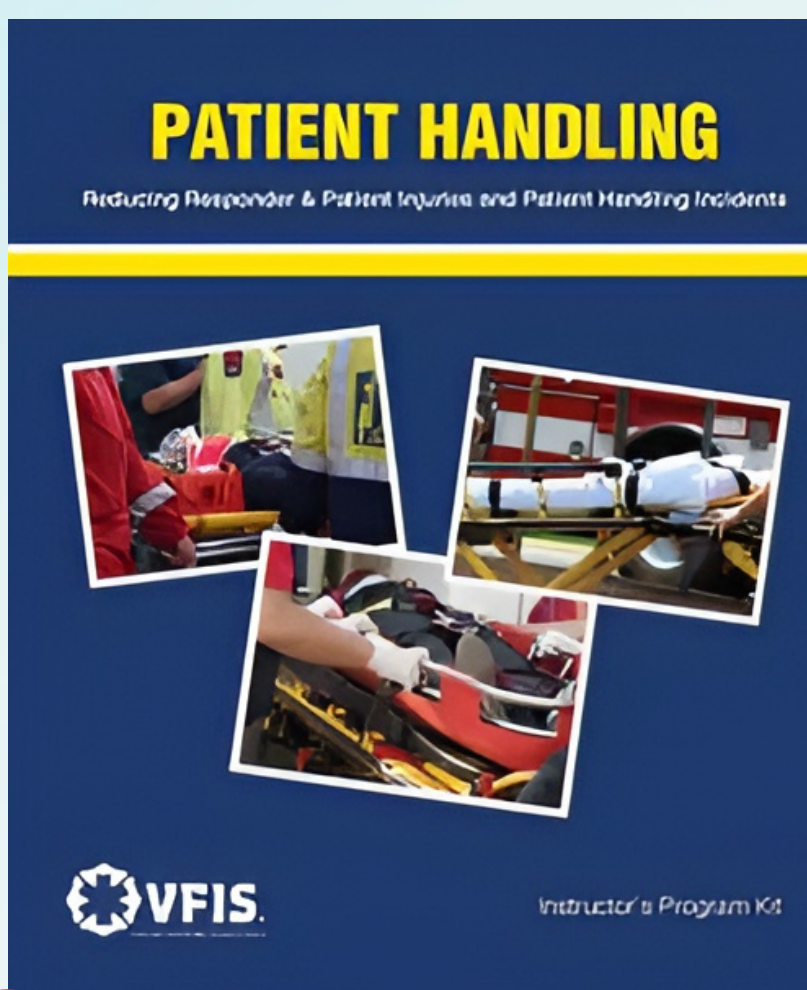


★ VFIS HIGHWAY SAFETY CERTIFICATION



Check Scene for Safety

- Use **senses** to check for **hazards**:
 - Traffic
 - Unstable structures
 - Downed electrical lines
- Put on appropriate **protective equipment**
- Determine **nature of injury**
- Determine **number of injured victims**
- **If scene unsafe**:
 - Move to safe area
 - Wait until EMS arrives



★ VFIS PATIENT HANDLING CERTIFICATION

>>> GET CREATIVE WITH US!

VIRTUAL CLASSES
NOW AVAILABLE

**ADDITIONAL CLASSES &
CERTIFICATIONS ARE
COMING SOON**

All of our classes are conveniently accessible to take on-line to suit your schedule. Once you conclude the on-line portion, bring your certificate to one of our training sites, or we can come to you to test your ability and knowledge for exercise and telents verification. Then you'll get your certification card – issued the same day! With an on-line Blended course from the American Heart organization you are ready to assist anytime.

What is an AED?



Automated External Defibrillator

AN AED, OR AUTOMATED EXTERNAL DEFIBRILLATOR, IS USED TO HELP THOSE EXPERIENCING SUDDEN CARDIAC ARREST. IT'S A SOPHISTICATED, YET EASY-TO-USE, MEDICAL DEVICE THAT CAN ANALYZE THE HEART'S RHYTHM AND, IF NECESSARY, DELIVER AN ELECTRICAL SHOCK, OR DEFIBRILLATION, TO HELP THE HEART RE-ESTABLISH AN EFFECTIVE RHYTHM.

AED SALES & MAINTENANCE

AED365
KEEPING YOUR AED PROGRAM ALIVE

[LEARN MORE](#)

From Start to Finish

We Support you and your Team!



Why Choose Us?

Request Replacement CPR Card

Verify AHA eCard Student & Employer

Claim your eCard via SMS text:

Note: In order for students to opt-in to this service, an Instructor or Training Center must FIRST enter the student's mobile phone number in the eCards system when issuing an eCard.

During or after class, (if your Instructor or Training Center has entered your mobile phone number into the eCard system) opt-in to claim/view your eCard by texting "eCard" to the number 51736.

If the message is sent correctly per the guidance of your Instructor, you will receive instructions via text message on how to claim your eCard.

If a you attempt to opt-in and your number is not in the system, you will receive a message that your phone number was not found.



Client Testimonials

Boost your product and service's credibility by adding testimonials from your clients. People love recommendations so feedback from actual clients is invaluable.

**ARIADNE SNYDER, LOTUS
DESIGN CONSULTANCY**

Boost your product and service's credibility by adding testimonials from your clients. People love recommendations so feedback from actual clients is invaluable.

**LEON FRANCE, SKIN CALM
AND CO.**

Boost your product and service's credibility by adding testimonials from your clients. People love recommendations so feedback from actual clients is invaluable.

**FRANKLIN REYNOLDS, THE
INARO MUSEUM OF
CONTEMPORARY ART**

Contact Us:



985-326 1895



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LIFESAVING SUMMIT

PRESTAN

THANK YOU!

2021 Lifesaving Summit

Oct. 12-14, 2021 - Columbiana, AL



CPR is as easy as

C - A - B



Compressions
Push hard and fast
on the center of
the victim's chest

Airway
Tilt the victim's head
back and lift the chin
to open the airway

Breathing
Give mouth-to-mouth
rescue breaths

Early chest compression can immediately circulate oxygen that is still in the bloodstream. By changing the sequence, chest compressions are initiated sooner and the delay in ventilation should be minimal.

2010 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations

CARDIAC ARREST VS. HEART ATTACK

People often use these terms interchangeably, but they are not the same.

WHAT IS CARDIAC ARREST?

CARDIAC ARREST occurs when the heart malfunctions and stops beating unexpectedly.

Cardiac arrest is triggered by an electrical malfunction in the heart that causes an irregular heartbeat (arrhythmia). With its pumping action disrupted, the heart cannot pump blood to the brain, lungs and other organs.



Cardiac arrest is an "ELECTRICAL" problem.

WHAT HAPPENS

Seconds later, a person becomes unresponsive, is not breathing or is only gasping. Death occurs within minutes if the victim does not receive treatment.

WHAT TO DO

Cardiac arrest can be reversible in some victims if it's treated within a few minutes. First, call your local emergency number and start CPR right away. Then, if an Automated External Defibrillator (AED) is available, use it as soon as possible. If two people are available to help, one should begin CPR immediately while the other calls your local emergency number and finds an AED.

CARDIAC ARREST is a LEADING CAUSE OF DEATH.

Cardiac arrest affects thousands of people annually with about three quarters of them occurring in the home.

Fast action can save lives.

For more information on American Heart Association CPR training classes in your area go to heart.org/cpr.

Follow us: [facebook.com/AHA/CPR](https://www.facebook.com/AHA/CPR) twitter.com/HeartCPR [#CPRsaveslives](https://www.instagram.com/HeartCPR)

WHAT IS A HEART ATTACK?

A **HEART ATTACK** occurs when blood flow to the heart is blocked.

A blocked artery prevents oxygen-rich blood from reaching a section of the heart. If the blocked artery is not reopened quickly, the part of the heart normally nourished by that artery begins to die.



A heart attack is a "CIRCULATION" problem.

WHAT HAPPENS

Symptoms of a heart attack may be immediate and may include intense discomfort in the chest or other areas of the upper body, shortness of breath, cold sweats, and/or nausea/vomiting. More often, though, symptoms start slowly and persist for hours, days or weeks before a heart attack. Unlike with cardiac arrest, the heart usually does not stop beating during a heart attack. The longer the person goes without treatment, the greater the damage.

The heart attack symptoms in women can be different than men (shortness of breath, nausea/vomiting, and back or jaw pain).

WHAT TO DO

Even if you're not sure it's a heart attack, call your local emergency number. Every minute matters! It's best to call your local emergency number to get to the emergency room right away. Emergency medical services (EMS) staff can begin treatment when they arrive—up to an hour sooner than if someone gets to the hospital by car. EMS staff are also trained to revive someone whose heart has stopped. Patients with chest pain who arrive by ambulance usually receive faster treatment at the hospital, too.



WHAT IS THE LINK?

Most heart attacks do not lead to cardiac arrest. But when cardiac arrest occurs, heart attack is a common cause. Other conditions may also disrupt the heart's rhythm and lead to cardiac arrest.

